



Head Office
Cnr Castle Hill & Franklin Rds
PO Box 122
Cherrybrook NSW 2126
T: (02) 9680 1000
F: (02) 9899 4058
E: reception@inala.org.au

ABN: 22 000 434 364
Patron: Blanche d'Alpuget
www.inala.org.au
Established 1958

22nd April 2020

Dear Inala Families and Carers,

We hope you are all well and healthy, and enjoying this beautiful autumn weather.

Hope you had a chance to sit down with a cup of tea and enjoy the recent addition of Inside Inala. Reading about all the many activities, outings and celebrations it certainly is a stark reminder of how things have changed during the past six weeks.

As we have said before, we are very conscious of all those in our community who are remaining with their family and we are keen to stay in touch and keep you up to date on developments. We want you to know we are here to support you and continue to send you our thoughts and warmest greetings.

We all miss you and look forward to when we can see one another again.

What's been happening?

We have returned to term two and everyone is settling into this new rhythm. We continue to be grateful and thank all the staff at Inala for their ability to embrace the challenges and for their wholehearted support, creativity and dedication. The collaboration between Accommodation and Day service staff has been a significant factor in ensuring cohesion and continuity for all clients.

How can we help?

This week we started to make personal contact with some of you to say hello, and to check whether you would like and/or need to resume some form of supports, even if to allow your son or daughter or family members some form of short or regular weekly break. We will continue this process over the next fortnight and look forward to speaking to you soon.

A couple of you have taken up this opportunity with some individuals returning to day supports and others electing for some at-home support.

We will do everything we can to facilitate any requests, naturally including supports in or from home for such activities as walks, outdoor activity and exercise, or suitable in-home supports if appropriate.

If you do decide you would like to return to your regular Day services could you please provide at least 2 days-notice so we can ensure we have available staff. Alternatively, please contact us at any time if you would like to discuss the option of some in-home support.

Other ways to stay in touch

We are having a great response to the images and videos we are posting on Facebook and Instagram which are capturing stories and images of life at Inala. This is another great way to stay connected and see some of the happy events and activities happening at this time.

If you haven't done so already, please start following us on:

- **Facebook** (Facebook.com/InalaDisabilityservices) and
- **Instagram** (Inala.disabilityservices).

Thank you for your continued trust and support

As always, if you have any questions, please contact us, in the first instance via your relevant service Manager. All questions are reviewed and discussed by the Executive management team in our weekly Planning and Response meetings.

We will to continue to do our utmost to ensure that each person connected with Inala continues to be supported as fully and safely as possible and that our positive pro-active planning is in place to ensure the wellbeing and peace of mind for all our Inala community.

Keeping up to date

We will keep you updated as the situation evolves, and especially as news and guidelines for the transition to normal activities can commence.

Once again, our sincere thanks for your cooperation, support and patience during this unprecedented time.

We hope you have a good week and enjoy this beautiful autumn weather.

Kind regards,



Martin Porteous
Joint Chief Executive Officer



Rebecca van Bilsen
Joint Chief Executive Officer