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Established 1958

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Dear Inala Families and Carers,

We hope you are all well and healthy, and enjoying this beautiful autumn weather.

Hope you had a chance to sit down with a cup of tea and enjoy the recent addition of Inside Inala. Reading about all the many activities, outings and celebrations it certainly is a stark reminder of how things have changed during the past six weeks.

What's been happening?

We have returned to term two and everyone is settling into this new rhythm. We continue to be grateful and thank all the staff at Inala for their ability to embrace the challenges and for their wholehearted support, creativity and dedication. The collaboration between Accommodation and Day service staff has been a significant factor in ensuring cohesion and continuity for all clients.

We continue to provide a range of interesting and stimulating activities while respecting the social distancing guidelines currently in place. Art and craft, music, and exercise programs continue to feature as we incorporate personal interests in daily programs.

We are also speaking to families who are supporting their loved one at home and offering flexible support to assist and provide some form of short or regular weekly assistance.

Other ways to stay in touch

We are having a great response to the images and videos we are posting on Facebook and Instagram which are capturing stories and images of life at Inala. This is another great way to stay connected and see some of the happy events and activities happening at this time.

If you haven't done so already, please start following us on:

- **Facebook** ([Facebook.com/InalaDisabilityservices](https://www.facebook.com/InalaDisabilityservices)) and
- **Instagram** ([Inala.disabilityservices](https://www.instagram.com/Inala.disabilityservices)).

Thank you for your continued trust and support

As always, if you have any questions, please contact us, in the first instance via your relevant service Manager. All questions are reviewed and discussed by the Executive management team in our weekly Planning and Response meetings.

We will to continue to do our utmost to ensure that each person connected with Inala continues to be supported as fully and safely as possible and that our positive pro-active planning is in place to ensure the wellbeing and peace of mind for all our Inala community.

Keeping up to date

We will keep you updated as the situation evolves, and especially as news and guidelines for the transition to normal activities can commence.

Once again, our sincere thanks for your cooperation, support and patience during this unprecedented time.

We hope you have a good week and enjoy this beautiful autumn weather.

Kind regards,



Martin Porteous
Joint Chief Executive Officer



Rebecca van Bilsen
Joint Chief Executive Officer