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17<sup>th</sup> June 2020

Dear Inala residential families and carers,

We hope you are all well and enjoying this beautiful Winter weather.

This week it has been wonderful to see more clients returning to Day services, there is a buzz in the air as rooms are occupied and once again filled with chatter and activity as friends are reacquainted. It has also been great to welcome staff back to the main office.

It has been refreshing to see the easing of restrictions throughout many aspects of the community. We hope you enjoy this easing and we ask that you maintain your diligence with social distancing and hygiene to help ensure we can continue to keep all members of the Inala community healthy and well.

**Overview of the 'Inala roadmap'**

As you know, we continue to progress cautiously through our phased approach as we transition back to the resumption of normal services.

This week we move into the next stage of **Phase 2 from Friday 19<sup>th</sup> June** which includes increased attendance at Day services, increase in the length of time for some home visits and some increased access to low risk community activities.

Phase 1 From 22 <sup>nd</sup> May	Phase 2 From 12 <sup>th</sup> June	Phase 3	Later
Day only clients resuming services in phased manner  Start of transition for low risk Inala homes to day services  Limited home visits for low and medium risk homes  Some Medical, dental and allied health appointments	Attendance at Day services increases  Transition for higher risk Inala residents to day services and home visits  Increase in length of time for home visits for low and medium homes  Staged access to low risk community settings  Small face to face meetings resume  Admin staff in office	Resumption of two-session schedule in Day services  Review of Day service attendance and home visits for very high risk homes  Further increase in access to community settings	Full community access  Non-essential Visitors  Inala festivals recommence
<p align="center"><b>Social distancing, good hygiene, hard surface cleaning, daily health monitoring protocols remain in place as well as staff vigilance during off duty times</b></p>			

## Details of Phase 2

Below is an outline of the timing of actions and activities for the next couple of weeks. We will continue to assess and provide further timings in upcoming communications. Progression through this plan varies for each home, based on the risk level attributed to each home.

### Phase 2b – Effective from Friday 19<sup>th</sup> June

<b>Accommodation</b>	<ul style="list-style-type: none"> <li>✓ Monday 22<sup>nd</sup> of June, review of situation regarding the return of high risk homes the week prior</li> <li>✓ Identify changes or learnings to be put in place ahead of the next group (very high risk) of homes returning</li> <li>✓ Resumption of take away food and coffee, within client budgets and dietary requirements. We continue to ask that families please do not bring shared food into the home. A schedule of newly available and still restricted venues and activities is under continual review and monitoring</li> <li>✓ Shopping centre for essential visits only, one to one support (eg haircut, medical, optometrist)</li> </ul>
<b>Day Services</b>	<ul style="list-style-type: none"> <li>✓ Ongoing review of overall attendances</li> <li>✓ Review of staffing resources and activity sessions and room usage in light of clients returning whilst ensuring we can maintain stable groups and interactions</li> <li>✓ Resumption of take away food and coffee, within client budgets and dietary requirements and only for existing programs in place pre COVID-19. A schedule of newly available and still restricted venues and activities is under continual review and monitoring</li> </ul>

### Phase 2c – Effective from Friday 26<sup>th</sup> June

<b>Accommodation</b>	<ul style="list-style-type: none"> <li>✓ House groups can catch up socially on a weekend for a maximum of 2 hours e.g. one house to visit one other house – total 2 homes together (This does <b>not</b> include high risk homes and very high risk homes)</li> <li>✓ Increase visits to family home to 48 hour period</li> <li>✓ Individual visits to friends can happen but only outside or in larger warm space such as the Lesley Evans Hall. This includes high risk homes, visits are 1:1 with no food and no longer than 2 hours e.g. one person from Banksia can catch up with one of their friends from Pohl Cottage.</li> </ul>
<b>Day Service</b>	<ul style="list-style-type: none"> <li>✓ From Monday the 29<sup>th</sup> of June, clients from Low and Medium risk homes can have lunch together if they choose to with appropriate social distancing in place. This may also include those clients with significant friendships with non-Inala residents</li> </ul>

Throughout all of these phases, social distancing, hand hygiene and hard surface cleaning and daily health check protocols apply. We also ask staff and families to be vigilant during their off duty activities.

### **Home visit guidelines**

You are already familiar with the home visit guidelines from previous communications. We still require families to ring in advance to book home visits or visits to Inala. It is important to note that **visits for high risk homes will increase to 48 hours from Friday 26<sup>th</sup> June.**

Could you please book these visits at least 3 days in advance with either Kerry, Rose or Rebecca to help us with our planning.

### **Visiting protocols remain in place for Inala homes**

The current protocols in place for visitors to Inala homes remain in place.

As a reminder, **up to five family members**, who may be from different households, can visit their loved one at the same time. We will maintain the process of pre-arranged visits to avoid overlapping between families with all the previously outlined protocols in place, of which you are now very familiar!

When visiting we continue to ask that you practice social distancing and follow handwashing and hygiene protocols. Please rearrange your visit if you are feeling unwell or experiencing any flu like symptoms.

### **Returning to Day services**

It is wonderful to see an increase in the number participants resuming Day services. We are maintaining home groups for the next week and this will start to relax from Monday 28<sup>th</sup> June as groups will be able to mingle and lunch together while maintaining a social distance. As restrictions ease, we continue to review and assess a range of community based activities and update our list of venues we can access.

### **COVIDsafe Plan**

We have developed Inala's COVIDsafe plan which includes an overview of our approach, activities and risk management strategies to help keep clients, staff and the extended community members safe. It also includes the Inala road map, which we have been outlining through these communications, the protocols in place throughout the organisation as well as contingency plans and process should be have a positive COVID-19 case at Inala.

This is essentially a guide for the processes and protocols we have in place to help ensure clients and staff remain healthy and well.

### **Updates**

We will keep you updated about the next phase of the plan and any changes that occur. In the meantime, we thank you again for your ongoing support and understanding.

We hope you enjoy the rest of the week and stay healthy and well.

Kind regards,



Martin Porteous  
Joint Chief Executive Officer



Rebecca van Bilsen  
Joint Chief Executive Officer