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 Established 1958

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Dear Inala families and carers,

We hope you are all well and enjoying this beautiful Winter weather.

This week it has been wonderful to see more clients returning to Day services, there is a buzz in the air as rooms are occupied and once again filled with chatter and activity as friends are reacquainted. It has also been great to welcome staff back to the main office.

It has been refreshing to see the easing of restrictions throughout many aspects of the community. We hope you enjoy this easing and we ask that you maintain your diligence with social distancing and hygiene to help ensure we can continue to keep all members of the Inala community healthy and well.

**Overview of the ‘Inala roadmap’**

As you know, we continue to progress cautiously through our phased approach as we transition back to the resumption of normal services.

This week we move into the next stage of **Phase 2 from Friday 19<sup>th</sup> June** which includes increased attendance at Day services, increase in the length of time for some home visits and some increased access to low risk community activities.

Phase 1 From 22 <sup>nd</sup> May	Phase 2 From 12 <sup>th</sup> June	Phase 3	Later
Day only clients resuming services in phased manner  Start of transition for low risk Inala homes to day services  Limited home visits for low and medium risk homes  Some Medical, dental and allied health appointments	Attendance at Day services increases  Transition for higher risk Inala residents to day services and home visits  Increase in length of time for home visits for low and medium homes  Staged access to low risk community settings  Small face to face meetings resume  Admin staff in office	Resumption of two-session schedule in Day services  Review of Day service attendance and home visits for very high risk homes  Further increase in access to community settings	Full community access  Non-essential Visitors  Inala festivals recommence
<p align="center"><b>Social distancing, good hygiene, hard surface cleaning, daily health monitoring protocols remain in place as well as staff vigilance during off duty times</b></p>			

## Details of Phase 2

Below is an outline of the timing of actions and activities for the next couple of weeks. We will continue to assess and provide further timings in upcoming communications.

### Phase 2b – Effective from Friday 19<sup>th</sup> June

<b>Accommodation</b>	<ul style="list-style-type: none"><li>✓ Monday 22<sup>nd</sup> of June, review of situation regarding the return of high risk homes the week prior</li><li>✓ Identify changes or learnings to be put in place ahead of the next group (very high risk) of homes returning</li><li>✓ Resumption of take away food and coffee, within client budgets and dietary requirements. We continue to ask that families please do not bring shared food into the home. A schedule of newly available and still restricted venues and activities is under continual review and monitoring</li><li>✓ Shopping centre for essential visits only, one to one support (eg haircut, medical, optometrist)</li></ul>
<b>Day Services</b>	<ul style="list-style-type: none"><li>✓ Ongoing review of overall attendances</li><li>✓ Review of staffing resources and activity sessions and room usage in light of clients returning whilst ensuring we can maintain stable groups and interactions</li><li>✓ Resumption of take away food and coffee, within client budgets and dietary requirements and only for existing programs in place pre COVID-19. A schedule of newly available and still restricted venues and activities is under continual review and monitoring</li></ul>

### Phase 2c – Effective from Friday 26<sup>th</sup> June

<b>Accommodation</b>	<ul style="list-style-type: none"><li>✓ House groups can catch up socially on a weekend for a maximum of 2 hours e.g. one house to visit one other house – total 2 homes together (This does <b>not</b> include high risk homes and very high risk homes).</li><li>✓ Increase visits to family home to 48 hour period</li><li>✓ Individual visits to friends can happen but only outside or in larger warm space such as the Lesley Evans Hall. This includes high risk homes, visits are 1:1 with no food and no longer than 2 hours</li></ul>
<b>Day Service</b>	<ul style="list-style-type: none"><li>✓ From Monday the 29<sup>th</sup> of June, clients from different activities with significant friendships can commence to have lunch together in small groups if they choose to, with appropriate monitored social distancing in place</li></ul>

Throughout all of these phases, social distancing, hand hygiene and hard surface cleaning and daily health check protocols apply. We also ask staff and families to be vigilant during their off duty activities.

## **Returning to Day services**

We are pleased to see an increase in the number participants resuming Day services and it is wonderful to see friends back together again. As we have outlined we have protocols in place to ensure the safety and well-being of all clients and staff.

These protocols include:

- Stable groups of clients and staff in consistent separate designated rooms to minimise too many variables of contacts
- Staggered arrival times for Inala residents to avoid congestion
- Lunch eaten in the designated rooms or at designated tables outside when the weather allows
- Good hygiene, enhanced hard surface cleaning, daily health monitoring and social distancing protocols are all in place
- Taking the temperature of Day service participants and staff at the beginning of each day. If someone is unwell with an elevated temperature we will request they do not attend programs that day and instead return home.

As restrictions ease, we continue to review and assess a range of community based activities and will include these on our 'approved' list of activities as appropriate.

## **COVIDsafe Plan**

We have developed Inala's COVIDsafe plan which includes an overview of our approach, activities and risk management strategies to help keep clients, staff and the extended community members safe. It also includes the Inala road map, which we have been outlining through these communications, the protocols in place throughout the organisation as well as contingency plans and process should be have a positive COVID-19 case at Inala.

This is essentially a guide for the processes and protocols we have in place to help ensure clients and staff remain healthy and well.

## **Updates**

We will keep you updated about the next phase of the plan and any changes that occur. In the meantime, we thank you again for your ongoing support and understanding.

If you have any questions or concerns, particularly in relation to resumption of attendance, please don't hesitate to contact your service Manager in the first instance.

We hope you enjoy the rest of the week and stay healthy and well.

Kind regards,



Martin Porteous  
Joint Chief Executive Officer



Rebecca van Bilsen  
Joint Chief Executive Officer