



Head Office
 Cnr Castle Hill & Franklin Rds
 PO Box 122
 Cherrybrook NSW 2126
 T: (02) 9680 1000
 F: (02) 9899 4058
 E: reception@inala.org.au

ABN: 22 000 434 364
 Patron: Blanche d'Alpuget
 www.inala.org.au
 Established 1958

15th July 2020

Dear Inala residential families and carers,

We hope you are all staying well. As we start term three, it is wonderful to see many participants back this term and we are enjoying catching up with many friends.

As you will no doubt have heard on the news, there are some COVID-19 'hot spots' in Sydney and particularly in Victoria. It is very important that we all monitor available information, stay informed and be aware as we work together to keep these community transmitted Coronavirus cases contained. If you have been in a 'hot spot' area or venue, please follow Government recommended guidelines in relation to testing and isolating.

It is important we remain vigilant, continue to practice social distancing at all times and practice good hygiene to continue to keep all members of the Inala community healthy and well.

Overview of the 'Inala roadmap'

As you know, we continue to progress cautiously through our phased approach as we transition back to the resumption of normal services.

This week we feel it is prudent to remain the same as last week as we continue to monitor and review 'hot spot' developments in the wider community.

Phase 1 From 22 nd May	Phase 2 From 12 th June	Phase 3 From 3 rd July & Day services new term 13 th July	Later
Day only clients resuming services in phased manner Start of transition for low risk Inala homes to day services Limited home visits for low and medium risk homes Some Medical, dental and allied health appointments	Attendance at Day services increases Transition for higher risk Inala residents to day services and home visits Increase in length of time for home visits for low and medium homes Staged access to low risk community settings Small face to face meetings resume Admin staff in office	Resumption of two-session schedule in Day services Review of Day service attendance and home visits for very high risk homes Further increase in access to community settings	Full community access Non-essential Visitors Inala festivals recommence
<p align="center">Social distancing, good hygiene, hard surface cleaning, daily health monitoring protocols remain in place as well as staff vigilance during off duty times</p>			

Details of Phase 3

Below is an outline of actions and activities for the current week – these will remain in place for next week as well.

Please note this is a change from the information communicated last week.

We will monitor and review changes in the community and Government restrictions and let you know when the next phase of actions and activities will be implemented.

Phase 3b – Effective from Friday 10th July

Due to recent developments these will remain in place for the week from Friday 17th July

Accommodation	Progression through this plan varies for each home, based on the risk level attributed to each home.
	✓ House groups can catch up socially for a maximum of 2 hours e.g. one house to visit one other house – total 2 homes together (This includes very high risk homes)
	✓ Individual visits to friends can happen but only outside or in larger warm space such as the Lesley Evans Hall. This includes very high risk homes . Visits are 1:1 with no food and no longer than 2 hours e.g. one person from Coolamon can catch up with one of their friends from Karimi
	✓ In home allied health visits can begin for High and Very risk homes
	✓ 1:1 support for haircuts, optometrist appointments etc. for Very High risk homes
	✓ Café's / restaurant visits for High risk homes for a max of 2 hours whilst maintaining social distancing guidelines in public venue
	✓ Inala residents return to day services as of Monday 13 th
	✓ Low, Med and High risk homes can access outdoor venues (eg Taronga zoo, Putt Putt golf, Featherdale Wildlife Park, etc) for up to 2 hours whilst maintaining social distancing etc
✓ Families are to book visits direct with each home and not via Rose, Kerry or Rebecca	

Day Services	Effective from Monday 13th July and ongoing for (at least) two weeks
	✓ Day Staff previously working in Karimi to return to Day Services, Karimi now staffed by accommodation.
	✓ Continue temp checks to ensure identification of any colds, flu, etc
	✓ Continue staggered arrivals and departures to avoid congregation
	✓ Client groups to transition to stable 2 session structure and usual chosen timetable. This allows day services to map contacts and also look at staffing requirements based on the number of total clients that transition an incremental return.
	✓ Activity rooms have displayed Social Distancing Capacity (SDC) and amply accommodate social distancing. 2 day-sessions do not exceed 2 hrs for change of activity.
	✓ Return to identified non-restricted community activities for groups, taking into account social distancing guidelines and those clients previously identified as High Risk.
	✓ Transport runs to be monitored for suitable capacity.
	✓ People able to travel in Community access groups, in a single vehicle for a maximum of 30 minutes travel time. 2 nd vehicle options to be used wherever possible.
	✓ Lunch to maintain small groups and no congregate lunch room. Monitored social distancing to be continued, use of multiple areas (as previous) to continue.
✓ Clients when dropped off in the mornings will be encouraged to their activity rooms. Separate community access groups not to congregate in same areas prior to departure and use of designated areas / rooms prior to departing.	
✓ Afternoon pickups to be continue on a staggered basis, with clients called directly from the rooms of their last daily activity.	

Throughout all of these phases, social distancing, hand hygiene and hard surface cleaning and daily health check protocols apply. We also ask staff and families to be vigilant during their off duty activities.

Home visit guidelines

To help ensure the health and wellbeing of all members of the Inala community, we still ask that all families follow the guidelines below:

- ✓ All visits in homes and planned home visits are to be booked with each home directly. Staff will continue to log all visits.
- ✓ If a member of the family is unwell we ask that the visit does not take place and if your loved one becomes unwell during the visit, unfortunately they will be unable to return until they have had a COVID-19 test with confirmation of negative results in writing

Family visiting protocols remain in place for Inala homes

The current protocols in place for visitors to Inala homes remain in place.

As a reminder, **up to five family members**, who may be from different households, can visit their loved one at the same time. We will maintain the process of pre-arranged visits to avoid overlapping between families with all the previously outlined protocols in place, of which you are now very familiar!

When visiting we continue to ask that you practice social distancing and follow handwashing and hygiene protocols. Please rearrange your visit if you are feeling unwell or experiencing any flu like symptoms.

Returning to Day services

It is wonderful to welcome more participants back to Day programs for the new term. As restrictions ease, we continue to review and assess a range of community based activities and update our list of venues we can access.

As we are experiencing a slight spike in community based transmission of COVID-19, **we plan to maintain community based activities as they were for this week.**

Updates

We will continue to review and monitor developments in the community and any changes to Government restrictions and communicate their implications for Inala.

We will keep you updated about the progression of Phase 3 of Inala's Roadmap and any changes as we continue to expand our access and engagement with the wider community. As always, we thank you again for your ongoing understanding and support.

We hope everyone continues to stay well and enjoys this wintery weather.

Kind regards,



Martin Porteous
Joint Chief Executive Officer



Rebecca van Bilsen
Joint Chief Executive Officer