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Dear Inala residential families and carers,

We hope you are all healthy and well and enjoying the warm weather this week.

We are pleased to report that everyone at Inala is well and we are making the most of the spring weather by visiting local parks and enjoying the fresh air when possible. As you know your loved ones continue to receive Day supports and programs from their homes and we are grateful for everyone's understanding and patience during these changes. Spirits remain positive and we are making sure we get outside for fresh air and exercise on a regular basis.

### **NSW Health information**

We received an update from NSW Health on Friday 28<sup>th</sup> August requesting residential care facilities in metropolitan Sydney and the Nepean, Blue Mountains and Central Coast regions implement visitor restrictions for the next two weeks. As you know, Inala currently has visitor restrictions in place as we are located in the Hornsby, Hills and Woollahra LGAs which are already on the NSW Health list of identified areas.

We will continue to monitor and review and will keep you informed once we receive additional information and understand the implications for everyone at Inala.

### **Visitors to Inala**

In line with the NSW Health directives for residential care facilities, **restrictions remain in place for visitors to Inala**. We appreciate this may be particularly difficult for some families with Father's Day celebrations this weekend and encourage you to get in touch with House coordinators and arrange to use other ways to stay in touch with your loved one. For example, you could use Facetime or Zoom to catch up.

### **Please continue to be diligent in all aspects of your life**

We encourage you to be vigilant and practice social distancing, good hygiene and limit your community interactions in identified LGAs and suburbs. Also follow Government guidelines on wearing masks in areas where you cannot socially distance, particularly in indoor areas and on public transport.

As always, if you have any questions or concerns please contact us. Thank you for your continued support and understanding. Hope you enjoy the weekend.

Kind regards,

Martin Porteous  
Joint Chief Executive Officer

Rebecca van Bilsen  
Joint Chief Executive Officer

Advice and guidance from NSW Health for people who live in or have visited the following LGAs or suburbs:

<b>LGAs</b>	<b>Suburbs</b>
<ul style="list-style-type: none"><li>• Hornsby</li><li>• Hills District</li><li>• Campbelltown</li><li>• Canterbury-Bankstown (Bankstown part)</li><li>• Liverpool</li><li>• Parramatta</li><li>• Woollahra</li></ul>	<ul style="list-style-type: none"><li>• Merrylands</li><li>• Fairfield</li><li>• Guildford</li><li>• Sydney</li><li>• Surry Hills</li><li>• Darlinghurst</li><li>• Woolloomooloo</li><li>• Potts Point</li><li>• Rushcutters Bay</li><li>• Elizabeth Bay</li><li>• Centennial Park</li></ul>