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Dear Inala families and carers,

We hope you are all healthy and well and enjoying the warm weather this week. We are pleased to report that everyone at Inala is well and we are making the most of the spring weather by visiting local parks and enjoying the fresh air when possible.

### **NSW Health information**

We received an update from NSW Health on Friday 28<sup>th</sup> August requesting residential care facilities in metropolitan Sydney and the Nepean, Blue Mountains and Central Coast regions implement visitor restrictions for the next two weeks. Inala currently has visitor restrictions in place as we are located in the Hornsby, Hills and Woollahra LGAs which are already on the NSW Health list of identified areas.

We will continue to monitor and review and will keep you informed once we receive additional information and understand the implications for everyone at Inala.

### **Protocols**

We continue to diligently follow the many COVID-19 related protocols we have in place, including all staff wearing masks when at work. We also continue to review our list of activities and venues and have once again agreed to maintain the current status for the next week. Many clients are enjoying picnics in the park and a quieter time at Day services.

### **Please continue to be diligent in all aspects of your life**

We encourage you to be vigilant and practice social distancing, good hygiene and limit your community interactions in identified LGAs and suburbs. Also follow Government guidelines on wearing masks in areas where you cannot socially distance, particularly in indoor areas and on public transport.

As always, if you have any questions or concerns please contact your service Manager. We wish to reassure everyone that our positive pro-active planning is in place to ensure the wellbeing and peace of mind for all our Inala community.

Thank you for your continued support and understanding during this challenging time.

We hope you have a good weekend as we enjoy some warmer weather.

Kind regards,

Martin Porteous  
Joint Chief Executive Officer

Rebecca van Bilsen  
Joint Chief Executive Officer

Advice and guidance from NSW Health for people who live in or have visited the following LGAs or suburbs:

<b>LGAs</b>	<b>Suburbs</b>
<ul style="list-style-type: none"><li>• Hornsby</li><li>• Hills District</li><li>• Campbelltown</li><li>• Canterbury-Bankstown (Bankstown part)</li><li>• Liverpool</li><li>• Parramatta</li><li>• Woollahra</li></ul>	<ul style="list-style-type: none"><li>• Merrylands</li><li>• Fairfield</li><li>• Guildford</li><li>• Sydney</li><li>• Surry Hills</li><li>• Darlinghurst</li><li>• Woolloomooloo</li><li>• Potts Point</li><li>• Rushcutters Bay</li><li>• Elizabeth Bay</li><li>• Centennial Park</li></ul>