



Head Office  
Cnr Castle Hill & Franklin Rds  
PO Box 122  
Cherrybrook NSW 2126  
T: (02) 9680 1000  
F: (02) 9899 4058  
E: reception@inala.org.au

ABN: 22 000 434 364  
Patron: Blanche d'Alpuget  
www.inala.org.au  
Established 1958

22<sup>nd</sup> September 2020

Dear Inala families and carers,

We hope you are all staying well and enjoying the warmer weather.

We are pleased to report again that everyone at Inala is well and we are making the most of the spring weather by visiting local parks and enjoying the fresh air when possible.

#### **NSW Health information update**

NSW Health has recently issued changes to precautionary restrictions for disability residential providers (which we have extended to Day services as good practice) since our previous communications. This new advice allows for an easing on the restrictions in a measured way.

Reaching the final week of term friends still attending have continued to be supported in a variety of programs and activities of their preference within the established guidelines and daily checks to ensure everyone's health and wellbeing, including art and craft activities and park and exercise based outings. Inala residents have continued to be supported during the day from their homes, with planned house group visits to services where appropriate,

Everyone has been patient, good humoured and supportive during this most unusual time – thank you again.

#### **Day services resume Term 4**

In line with the easing of restrictions, regular Term Day service programs and activities will resume in a phased and monitored way to ensure ongoing wellness and COVID safe precautions and protocols.

**The recently announced changes in restrictions for services have slightly different implications according to where a service is located, or client or staff reside, work in or have visited the identified LGA's listed below. We have discussed these guidelines and Inala's ongoing precautionary and preventative measures with Dept. of Health and have had confirmation that Inala is in line with best practice COVID risk management.**

All current precautionary protocols regarding social distancing, enhanced cleaning, daily temperature and health monitoring, wearing of masks relevant to identified LGAs, and ongoing monitoring of NSW Health updates and advice continue to ensure the health and wellbeing of all attending clients and staff on an ongoing basis.

Main Office based staff have now returned to normal office working. Visitor restrictions will remain in place, and temperature checks will continue on arrival as will the increased hard surface cleaning protocols and of course social distancing practices.

**Please continue to be diligent in all aspects of your life**

As we know the COVID-19 situation remains fluid. We will continue to monitor information from NSW Health and will communicate any changes and the implications for Inala services, clients and families.

Please continue to be vigilant and follow Government guidelines on wearing masks in areas where you cannot socially distance, particularly in indoor areas and on public transport.

You are in our thoughts, and as always, if you have any questions or concerns please contact your direct Service Manager. Also please get in touch if you feel the need for further information or would like to check on anything as well as discuss a return to Day programs when you are ready.

We thank you again for your patience and understanding and we hope you enjoy the term break.

Kind regards,



Martin Porteous  
Joint Chief Executive Officer



Rebecca van Bilsen  
Joint Chief Executive Office

Advice and guidance from NSW Health for people who live in or have visited the following LGAs or suburbs in the last 14 days:

LGAs	Suburbs
<ul style="list-style-type: none"><li>• Bankstown (part LGA)</li><li>• Blue Mountains</li><li>• Cumberland</li><li>• Fairfield</li><li>• Hunters Hill</li><li>• Liverpool</li><li>• Parramatta</li><li>• Randwick</li><li>• Waverly</li><li>• Woollahra</li></ul>	<ul style="list-style-type: none"><li>• Mt Druitt</li></ul>