

30th September 2020

Head Office Cnr Castle Hill & Franklin Rds PO Box 122 Cherrybrook NSW 2126 T: (02) 9680 1000 F: (02) 9899 4058 E: reception@inala.org.au

ABN: 22 000 434 364 Patron: Blanche d'Alpuget www.inala.org.au Established 1958

Dear Inala residential families,

We hope you are well and enjoying the opportunity to spend time with your loved ones again.

As you know this week Day services are on term break. We are all looking forward to returning to some semblance of normal operations when the new term resumes next week. Inala residents will be returning to their Day services and supported employment and we are all excited to once again be together with many of our friends and resume centre and some community based activities.

It has been good to see residents once again able to visit their friends residing in other Inala homes. The relaxing of this restriction has been opportune with the holiday week.

## Protocols to ensure a safe and measured easing of restrictions

We continue to remain vigilant with temperature checks on arrival at day programs, maintaining social distancing and practicing good hygiene and enhanced cleaning.

With the re-deployment of Day services staff back to their usual service locations, we will be able to increase the range of both centre based activities and the amount of community based activities, naturally with a focus on outdoor locations.

To ensure a safe and measured transition, clients will remain together in stable house groups for programs to limit contact points and ensure we can track interactions. We continue to review the venues and activity list and will let you know when we can introduce additional activities.

We highlighted last week changes to the restrictions for services and a change in the list of identified LGAs. Staff who reside in or who have visited in the past 14 days one of the LGAs listed below are required to wear a surgical mask when providing direct client support and at other times if they are unable to maintain a social distance.

## Family visits

It has been wonderful to see so many families visiting and residents spending time with their families at home. We know this has been a very stressful period with the visiting restrictions in place and it is so pleasing to witness the reunions and smiling faces. Thank you once again for your ongoing patience and co-operation during this period.

Just a quick reminder about the visiting protocols.

Families who **do not** live in the LGAs listed in the table below are able to visit or pick up their loved one and take them home to visit.

Families who reside in or have visited the LGAs listed below in the last 14 days can visit their loved one for a maximum of 2 hours in an outdoor setting if they show no symptoms of cough/fever etc. Please consider the following guidelines:

- Wear a surgical mask for the duration of the visit and/or remain socially distanced
- Ensure the visits take place outside of the group home with no entry to the house, therefore mitigating the risk for other residents and staff (ie families to go around the back of the house via side gate)
- This means parents cannot drive their child to a park for example, however Inala Accommodation staff could drop off if this worked within routines
- No more than 2 family members to visit at any one time
- Visits are to be booked in advance with Accommodation staff members

By protecting yourself with masks/social distancing on visits this will mean other residents and staff stay safe. This is an extra NSW Health guideline protection for a little while so we can significantly reduce the risk of infection whilst still providing for family connection.

## **Booking visits and ongoing precautions**

To book visits please liaise directly with house staff members. Please do not come if you are showing any flu like symptoms (cough/fever etc). If a child or parent becomes sick while the child is visiting they cannot return until they receive a negative COVID-19 test and advice from NSW Health. We also ask that families are cautious if they take their child home and avoid crowded spaces and indoor venues where possible to keep everyone safe, especially in the busy and often crowded school holiday period.

## Please continue to be diligent in all aspects of your life

We continue to monitor information from NSW Health and will communicate any changes and the implications for Inala services, clients and families. At this stage we are grateful to have everyone back at Day programs and continue to follow a carefully managed approach to ensure all members of the Inala community remain healthy and well.

Please continue to be vigilant and follow Government guidelines on wearing masks in areas where you cannot socially distance, particularly in indoor areas and on public transport.

We thank you again for your patience and understanding and as always, if you have any questions or concerns please contact us.

Kind regards,

Martin Porteous

Joint Chief Executive Officer

Rebecca van Bilsen Joint Chief Executive Office Advice and guidance from NSW Health for people who live in or have visited the following LGAs or suburbs in the last 14 days:

LGAs	Suburbs
Bankstown (suburbs and localities of former	
Bankstown LGA – Revesby, Bankstown and	
Bass Hill wards)	
Blue Mountains	
Cumberland	
Fairfield	
Hunters Hill	
Liverpool	
Parramatta	