



Head Office  
Cnr Castle Hill & Franklin Rds  
PO Box 122  
Cherrybrook NSW 2126  
T: (02) 9680 1000  
F: (02) 9899 4058  
E: reception@inala.org.au

ABN: 22 000 434 364  
Patron: Blanche d'Alpuget  
www.inala.org.au  
Established 1958

23<sup>rd</sup> October 2020

Dear Inala residential families,

We hope you are well.

It is very encouraging to see the NSW Government easing restrictions on the number of people who can gather together, particularly for outdoor activities. Also it is wonderful to see the continued low levels of community transmission of COVID-19.

### **Measured transition to 'normal' programs**

From next Monday 26<sup>th</sup> October, we will transition back to the normal two sessions for Day programs with each person resuming their chosen activities. This means house groups and other client groups will have the opportunity to separate and participate in different activities.

This change is part of our carefully considered and measured transition. We will still maintain a record of interactions based on the program and schedule in each Centre. We will of course also maintain all the protocols currently in place, including social distancing, temperature checks on arrival, enhanced cleaning and good hygiene and visitor questionnaires and registration.

### **Visits**

Coinciding to the changes with Day programs, restrictions re the mixing of different Inala households will be relaxed. This means Inala residents will be able to visit all other Inala homes and catch up with their friends. We know this will a very welcome change.

The protocols in relation to family visits remain the same. Please don't forget to liaise directly with house staff to arrange visits.

Please remember when families are visiting their loved one in an Inala home, **only two visitors are permitted at the one time** and visits should take place outside where possible.

Families who **do not** live in the LGAs listed in the table below are able to visit or pick up their loved one and take them home to visit.

Families **who reside in or have visited the LGAs** listed below **in the last 14 days** can visit their loved one for a maximum of 2 hours in an outdoor setting if they show no symptoms of cough/fever etc. Please consider the following guidelines:

- Wear a surgical mask for the duration of the visit and/or remain socially distanced
- Ensure the visits take place outside of the group home with no entry to the house, therefore mitigating the risk for other residents and staff (ie families to go around the back of the house via side gate)

- This means parents cannot drive their child to a park for example, however Inala Accommodation staff could drop off if this worked within routines
- No more than 2 family members to visit at any one time
- Visits are to be booked in advance with Accommodation staff members

**Please continue to be diligent in all aspects of your life**

We continue to monitor information from NSW Health and will communicate any changes and the implications for Inala services, clients and families.

We are grateful to be able to move back to a more normal Day program schedule and continue to follow a carefully managed approach to ensure all members of the Inala community remain healthy and well.

Please continue to be vigilant and follow Government guidelines on wearing masks in areas where you cannot socially distance, particularly in indoor areas and on public transport.

We thank you again for your patience and understanding and as always, if you have any questions or concerns please contact us.

Kind regards,



Martin Porteous  
Joint Chief Executive Officer



Rebecca van Bilsen  
Joint Chief Executive Office

PS Don't forget to buy tickets in the Inala Fair Raffle for your chance to win some fabulous prizes. Support Inala by buying tickets [here](#) and sharing this link with your family and friends.

Advice and guidance from NSW Health for people who live in or have visited the following LGAs or suburbs in the last 14 days:

LGAs	Suburbs
<ul style="list-style-type: none"> <li>• Camden</li> <li>• Lakemba (suburb)</li> <li>• Liverpool</li> </ul>	