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Established 1958

28th October 2020

Dear Inala families and carers,

We hope you are well.

It has been good to transition back to more normal day program configuration with each person resuming their chosen activities. This move has been appreciated by everyone. Also it is wonderful to see the continued low levels of community transmission of COVID-19.

We continue to welcome back clients and look forward to seeing you back to enjoy your programs when you are ready to return. Please don't hesitate to contact your direct Manager if you would like to check on anything or to discuss any questions or concerns you may have.

Update from NSW Health

We have recently received communication from NSW Health reiterating the guidelines about staff who have visited identified LGAs and are involved in direct client support work wearing masks. The letter also contained specific guidelines for residential care providers.

Guidelines in relation to staff wearing masks

Staff who work in, reside in, or have visited in the last 14 days the LGA areas listed below, an Inala supplied surgical mask continues to be needed to be worn while involved in **direct client support work**. They must also be worn when on break or in non-client support activity if social distancing is not possible. Please note that Randwick and Waverley have been added to the list of LGAs this week, which unfortunately impacts many staff at Miroma.

The full list of identified LGAs is:

- Camden
- Lakemba (suburb)
- Liverpool
- Randwick
- Waverley

Staff who do not reside in or have visited any of the LGAs listed below are at present not required by NSW Health to wear a surgical mask when involved in direct client support work. However, staff are welcome to wear a mask if they feel more comfortable doing so.

Guidelines for venues and activities

Each week, as part of our risk management strategy, we review the list of venues and activities in light of the current climate and restrictions. We communicate whether these activities and venues can be accessed by staff or clients with staff each week.

In light of the recent communications from NSW Health emphasizing the need for heightened vigilance and caution as general community restrictions are eased, we are sharing our current location risk assessment with you (see below). We thought it may assist you in assessing venues and activities you might consider at this most unusual transition time.

Inala activities and venue restrictions as at 28th October

	Low risk house	Medium risk house	High risk house	Very high risk	Non Inala, Day only
Attend day service					
Groups as per Schedule This includes transport to and from services and community access during the day. (Please clean vehicles between trips and ensure cleaning products available in vehicle for the next person to use)					
In vehicle with house group and rostered staff					
Park for exercise					
Park for picnic					
Doctors (1:1 support for urgent appointments)					N/A
Dentist (1:1 support for urgent appointments)					N/A
Podiatrist					N/A
In-home allied health appointment (only urgent emergency requirements)	As long as Allied Health Provider doesn't live, work and hasn't visited current NSW health identified hotspots				N/A
External allied health appointment					N/A
Massage Therapy (lan)					
Supermarket (see below for identified exceptions for staff)					
Shopping Centre	1:1 support for dental & medical and Haircuts ONLY	1:1 support for dental & medical and Haircuts ONLY	1:1 support for dental & medical and Haircuts ONLY	1:1 support for dental & medical and Haircuts ONLY	
Movies					
Art gallery / museum					
Swimming pool					
Gym					
Beach					
Cafe					
Restaurant					
Pub / club					
OUTSIDE café / restaurant					
OUTSIDE activity venue eg. Putt Putt					
Visit Inala offices					
Woolworths Rose Bay (for staff only)					
Coles Rose Bay (for staff only)					
Coles – Thompsons Corner (for staff only)					
Woolworths Coonara (for staff only)					

Please continue to be diligent in all aspects of your life

As you know the change to more normal programs is part of our carefully considered and measured transition. We continue to maintain a record of interactions based on the program and schedule in each Centre. We are grateful to have everyone back at Day programs and continue to follow a carefully managed approach to ensure all members of the Inala community remain healthy and well.

As noted above, recent NSW Health communications emphasise the need for heightened vigilance and caution as general community restrictions are eased. Please be assured that Inala staff continue to be diligent in maintaining all the protocols currently in place, including social distancing, temperature checks on arrival, enhanced cleaning and good hygiene. We continue to track visitors to Inala via a questionnaire.

We ask that you continue to be vigilant and follow Government guidelines on wearing masks in areas where you cannot socially distance, particularly in indoor areas and on public transport.

We thank you again for your patience and understanding and as always, if you have any questions or concerns please contact us.

Kind regards,



Martin Porteous
Joint Chief Executive Officer



Rebecca van Bilsen
Joint Chief Executive Office