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Established 1958

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Dear Inala families and carers,

We hope you are well. It is encouraging to see the continued low levels of community transmission as well as the increased access to parts of the country.

Everyone continues to be in good spirits at Inala and we are all enjoying the return to more normal routines at day program. Thank you for your ongoing support and diligence and all you continue to do to help us ensure all members of the Inala community remain healthy and well.

Update from NSW Health

We received an update last night (5th November) from NSW Health in relation to residential facilities. Whilst there are no specific changes, they stress the importance of the following:

- The need to log and document all visitors arriving at facilities
- Minimise staff movement across different service areas
- Maintain vigilance with hand hygiene, social distancing and temperature checks
- Community activities should be outdoor and a record of venues visited should be maintained.

As we have indicated in the past, we continue to follow all these protocols and will do so until advised otherwise.

Guidelines in relation to staff wearing masks

As per the advice from NSW Health received last week, *Staff who work in, reside in, or have visited in the last 14 days the LGA areas listed below*, an Inala supplied surgical mask continues to be needed to be worn while involved in direct client support work. They must also be worn when on break or in non-client support activity if social distancing is not possible.

The list of identified LGAs is:

- Camden
- Liverpool

Staff who do not reside in or have visited any of the LGAs listed below are at present not required by NSW Health to wear a surgical mask when involved in direct client support work. However, staff are welcome to wear a mask if they feel more comfortable doing so.

Guidelines for venues and activities

As part of our risk management strategy, we have once again reviewed the list of activities and venues in light of the current climate and restrictions. We have not made any changes to the list since last week and believe it is prudent to continue to focus on outdoor venues and activities where possible.

We are again sharing our current location risk assessment with you as we hope it might assist you in assessing venues and activities at this most unusual time.

Inala activities and venue restrictions as at 6th November.

	Low risk house	Medium risk house	High risk house	Very high risk	Non Inala, Day only
Attend day service					
Groups as per Schedule This includes transport to and from services and community access during the day					
In vehicle with house group and rostered staff					
Park for exercise					
Park for picnic					
Doctors (1:1 support for urgent appointments)					N/A
Dentist (1:1 support for urgent appointments)					N/A
Podiatrist					N/A
In-home allied health appointment (only urgent emergency requirements)	As long as Allied Health Provider doesn't live, work and hasn't visited current NSW health identified hotspots				N/A
External allied health appointment					N/A
Massage Therapy (Ian)					
Supermarket (see below for identified exceptions for staff)					
Shopping Centre	1:1 support for dental & medical and Haircuts ONLY	1:1 support for dental & medical and Haircuts ONLY	1:1 support for dental & medical and Haircuts ONLY	1:1 support for dental & medical and Haircuts ONLY	
Movies					
Art gallery / museum					
Swimming pool					
Gym					
Beach					
Cafe					
Restaurant					
Pub / club					
OUTSIDE café / restaurant					
OUTSIDE activity venue eg. Putt Putt					
Visit Inala offices					
Woolworths Rose Bay (for staff only)					
Coles Rose Bay (for staff only)					
Coles – Thompsons Corner (for staff only)					
Woolworths Coonara (for staff only)					

Please continue to be diligent in all aspects of your life

NSW Health communications emphasise the need for heightened vigilance and caution as general community restrictions are eased. Please be assured that Inala staff continue to be diligent in maintaining all the protocols currently in place,

including social distancing, temperature checks on arrival, enhanced cleaning and good hygiene. We continue to track visitors to Inala via a questionnaire.

We ask that you continue to be vigilant and follow Government guidelines on wearing masks in areas where you cannot socially distance, particularly in indoor areas and on public transport.

We thank you again for your patience and understanding and as always, if you have any questions or concerns please contact us.

Kind regards,



Martin Porteous
Joint Chief Executive Officer



Rebecca van Bilsen
Joint Chief Executive Officer