



Head Office
Cnr Castle Hill & Franklin Rds
PO Box 122
Cherrybrook NSW 2126
T: (02) 9680 1000
F: (02) 9899 4058
E: reception@inala.org.au

ABN: 22 000 434 364
Patron: Blanche d'Alpuget
www.inala.org.au
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13th November 2020

Dear Inala residential families,

We hope you are well and have had a good week and enjoyed the glimpses of warmer weather.

Everyone continues to enjoy the return to normal programs and we are excited to begin planning for (outdoor and socially distanced) Christmas carols to go ahead in December. More details to come!

Thank you for your ongoing support and diligence and all you continue to do to help us ensure all members of the Inala community remain healthy and well.

Update from NSW Health

NSW Health have indicated that traces of COVID-19 have been found in the sewage at the Rouse Hill and Glenfield Treatment plants.

These treatment plants serve the following suburbs:

Rouse Hill - Quakers Hill, Castle Hill, Annangrove, Kellyville, Box Hill, Kenthurst, Glenhaven, The Ponds, Rouse Hill, North Kellyville, Kellyville Ridge, Beaumont Hills, Stanhope Gardens, Baulkham Hills, Glenwood, Bella Vista, Parklea, Acacia Gardens and Norwest.

Glenfield - Airds, Ambarvale, Appin, Bardia, Blair Athol, Blairmount, Bow Bowing, Bradbury, Campbelltown, Casula, Claymore, Eagle Vale, Englorie Park, Eschol Park, Glen Alpine, Glenfield, Ingleburn, Kearns, Leumeah, Macquarie Fields, Macquarie Links, Menangle Park, Minto, Raby, Rosemeadow, Ruse, St Andrews, St Helens Park, Varroville and Woodbine.

NSW Health advises anyone that lives or works in these suburbs get tested if you experience any, even the mildest, symptoms.

Guidelines in relation to staff wearing masks

Staff who work in, reside in, or have visited in the last 14 days the LGA areas listed below, an Inala supplied surgical mask continues to be needed to be worn while involved in direct client support work. They must also be worn when on break or in non-client support activity if social distancing is not possible.

The list of identified LGAs is:

- Camden
- Liverpool
- Wingecarribee

Staff who do not reside in or have visited any of the LGAs listed below are at present not required by NSW Health to wear a surgical mask when involved in direct client support work. However, staff are welcome to wear a mask if they feel more comfortable doing so.

Family visits – guidelines for venues and activities

As part of our risk management strategy and in light of NSW Health recommendations we have not made any changes to the list of venues and activities. We are again sharing our current location risk assessment with you as we hope it might assist you in assessing venues and activities at this most unusual time.

We continue to avoid indoor venues and activities (this includes shopping centres, indoor bowling, movies, indoor swimming pools etc) and ask staff to focus activities and outings in outdoor settings.

Inala activities and venue restrictions as at 13th November 2020.

	Low risk house	Medium risk house	High risk house	Very high risk	Non Inala, Day only
Attend day service					
Groups as per Schedule This includes transport to and from services and community access during the day. (Please clean vehicles between trips and ensure cleaning products available in vehicle for the next person to use)					
In vehicle with house group and rostered staff					
Park for exercise					
Park for picnic					
Doctors (1:1 support for urgent appointments)					N/A
Dentist (1:1 support for urgent appointments)					N/A
Podiatrist					N/A
In-home allied health appointment (only urgent emergency requirements)	As long as Allied Health Provider doesn't live, work and hasn't visited current NSW health identified hotspots				N/A
External allied health appointment					N/A
Massage Therapy (lan)					
Supermarket (see below for identified exceptions for staff)					
Shopping Centre	1:1 support for dental & medical and Haircuts ONLY	1:1 support for dental & medical and Haircuts ONLY	1:1 support for dental & medical and Haircuts ONLY	1:1 support for dental & medical and Haircuts ONLY	
Movies					
Art gallery / museum					
Swimming pool					
Gym					
Beach					
Cafe					
Restaurant					
Pub / club					
OUTSIDE café / restaurant					
OUTSIDE activity venue eg. Putt Putt					
Visit Inala offices					

Woolworths Rose Bay (for staff only)					
Coles Rose Bay (for staff only)					
Coles – Thompsons Corner (for staff only)					
Woolworths Coonara (for staff only)					

Protocols for family visits

The protocols in relation to family visits remain the same. Please don't forget to liaise directly with house staff to arrange visits.

Please remember when families are visiting their loved one in an Inala home, **only two visitors are permitted at the one time** and visits should take place outside where possible.

Families who **do not** live in the LGAs listed are able to visit or pick up their loved one and take them home to visit.

Families **who reside in or have visited the LGAs** listed below **in the last 14 days** can visit their loved one for a maximum of 2 hours in an outdoor setting if they show no symptoms of cough/fever etc. Please consider the following guidelines:

- Wear a surgical mask for the duration of the visit and/or remain socially distanced
- Ensure the visits take place outside of the group home with no entry to the house, therefore mitigating the risk for other residents and staff (ie families to go around the back of the house via side gate)
- This means parents cannot drive their child to a park for example, however Inala Accommodation staff could drop off if this worked within routines
- No more than 2 family members to visit at any one time
- Visits are to be booked in advance with Accommodation staff members

The full list of identified LGAs is:

- Camden
- Liverpool
- Wingecaribee

Please continue to be diligent in all aspects of your life

NSW Health communications emphasise the need for heightened vigilance and caution as general community restrictions are eased. Please be assured that Inala staff continue to be diligent in maintaining all the protocols currently in place, including social distancing, temperature checks on arrival, enhanced cleaning and good hygiene. We continue to track visitors to Inala via a questionnaire.

We ask that you continue to be vigilant and follow Government guidelines on wearing masks in areas where you cannot socially distance, particularly in indoor areas and on public transport. We thank you again for your patience and understanding and as always, if you have any questions or concerns please contact us.

Hope you have an enjoyable weekend.

Kind regards,




Martin Porteous
Joint Chief Executive Officer

Rebecca van Bilsen
Joint Chief Executive Office