



Head Office
Cnr Castle Hill & Franklin Rds
PO Box 122
Cherrybrook NSW 2126
T: (02) 9680 1000
F: (02) 9899 4058
E: reception@inala.org.au

ABN: 22 000 434 364
Patron: Blanche d'Alpuget
www.inala.org.au
Established 1958

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Dear Inala residential families,

We hope you are all well.

It has been wonderful to see further easing of restrictions and the borders reopening in time for Christmas enabling some families to be together once again. The increase in numbers able to gather is certainly a welcome change and we hope this means you will be able to celebrate Christmas with your family and friends.

Thank you as always for your continued dedication and vigilance, we know it has been a very challenging period and we really appreciate you respecting all the protocols we have in place to ensure the health and wellbeing of all members of the Inala community.

As restrictions ease and we move to more normal operations (with new protocols in place), we plan to ease back on the communications. This may be a relief for some after receiving these updates since March this year – approximately 40 letters! We will continue to keep you updated of any changes and plan to communicate on a fortnightly basis from now on. We will review this in the New Year. Thank you for your dedication to reading each communication and for the feedback and support we have received throughout this period.

Don't forget to RSVP to Christmas Carols, which are on Friday 18th December. The processes are a little different this year and we need to know if you are coming by Monday 14th December. Please contact Angela on reception@inala.org.au to RSVP.

Update from NSW Health

NSW Health reinforce the need to maintain vigilance as the restrictions ease and we move into a holiday period. If you have any COVID-19 related symptoms please seek advice on testing.

There are no LGAs which are identified as areas of increased testing.

Family visits – guidelines for venues and activities

We made some small changes last week to the list of activities and venues – the opening of the Inala pool was certainly a welcome change given the heat last weekend.

We have maintained the list at this stage and will continue to review and let you know of any changes we make.

We continue to avoid indoor venues and activities (including indoor bowling, movies, indoor swimming pools etc) and ask staff to focus activities and outings in outdoor settings.

Protocols for family visits

The protocols in relation to family visits remain the same. Please don't forget to liaise directly with house staff to arrange visits.

Please remember when families are visiting their loved one in an Inala home, **only two visitors are permitted at the one time** and visits should take place outside where possible.

Please continue to be diligent in all aspects of your life

Please be assured that Inala staff continue to be diligent in maintaining all the protocols currently in place, including social distancing, temperature checks on arrival, enhanced cleaning and good hygiene. We continue to track visitors to Inala via a questionnaire.

We thank you again for your patience and understanding and as always, if you have any questions or concerns please contact us.

Kind regards,



Martin Porteous
Joint Chief Executive Officer



Rebecca van Bilsen
Joint Chief Executive Office