

Inala News

Spring 2022



Genevieve enjoying plants at the nursery

Let the sun shine

Once the rain left our shores it was replaced with some beautiful Winter sunshine and it was time to get out and explore. From bush walks to trips to the nursery or the beach there are so many experiences to have in our beautiful city.

Over Winter a rise in COVID cases continued to make gathering together for Inala residents difficult. However, this presented an opportunity to get out and enjoy the outdoors. The Travel Training group at Dulkara visited The Sphinx, the Royal Botanical Gardens and Bouddi National Park. While participants at Wandana were able to go to Berowra Waters and ride across the car ferry along with a visit to the Richmond RAAF base.



These visits have provided a much needed change after many lockdowns.

As Spring brings warmer weather, and a decline in COVID numbers, we are excited about the next few months for Inala. Particularly the Fair which will be back after a number of years of cancellations.

Over Winter we have also welcomed new CEO Alex Davis. She has hit the ground running and is looking forward to a bright future for Inala.

For the first time at Inala we held Australia's Biggest Morning Tea at Dulkara, Mingara and Yallambee with all the funds raised donated to the Cancer Council of NSW. While Wallambee supported Pyjama Day raising \$1,158!

It is wonderful to be able to give back to the community in this way.



Message from the CEO

I am delighted to have taken on the role of CEO at Inala and it has been a busy few months since I joined the organisation in July. I have visited day programs and homes and have met many members of the Inala family, but there are still many more to meet.

It is such a warm and inviting community and I am excited to be part of the next chapter for the organisation. I have big shoes to fill with the outgoing joint-CEOs Martin and Rebecca having such a passion, deep knowledge and love for Inala.

I look forward to meeting many of you at our upcoming events and thank you for your continued support of Inala.

Creating is beautiful

Kilns are firing and the paint brushes are busy as we have been able to hold exhibitions again. Our first was, Steadfast in May. It was wonderful to see the amazing work of our artists on display again at the beautiful gallery Woollhara Redleaf.

We are excited as this month sees our second exhibition Synth Social held at Waverley Library from September 23rd until October 19th. The exhibition will showcase works produced over the last two years and artists have drawn on their creativity to provide light during the dark times of COVID lockdowns.

The exhibition will include lots of bright poppy retro colours and a mix of different media. It is so good to be back exhibiting and we hope you are all able to come and enjoy our artists work.



Accomodation Appeal

Inala's 27th annual Charity Lunch was back bigger and better than ever after a two year hiatus. We would like to thank our speakers, Samantha Armytage, Laurie Daley, Wendell Sailor and Pat Molihan. We raised a record amount of over \$300,000! This combined with the recent Tax Appeal donations has seen the Inala community raise over \$5 million for our Accommodation Appeal.

This will make the dream of a home at Inala a reality for individuals living with a disability. We would like to thank each and every person who has come to our events, donated and supported Inala - together we have surpassed our ambitious goal.



GOLF DAY

Tuesday 22 November, 2022
Castle Hill Golf Course

Farewell Lucy

It is with great sadness that we farewell Lucy Regan as Communications and Engagement Manager.

For over five years she has been the driving force behind Inala's fundraising, most recently the successful Accommodation Appeal. This success of this appeal is a testament to the hard-work, determination and the relationships Lucy has made throughout the community.

We thank her for everything she has contributed to Inala and look forward to her continued attendance at events!



Wandana Café - Open for business

Each Tuesday we have been pleased to see the Wandana Café open for business. Staff have enjoyed quiche, Mars Bar slice and pizza. All lovingly prepared by the participants at Wandana. The café run by Grant, Cathy and Lucy has become a regular part of the program and will continue throughout the year.

Dulkara has been impressing the main office team, baking a range of sourdough loaves, the olive bread being a firm favourite. They also made morning tea for new CEO Alex when she came to visit, pavlova and more recently sushi.

While at Yallambee they acknowledged ANZAC Day with a batch of cookies and baked a cake for Katie's surprise birthday party.

We can't wait to see what delicious creations come next!

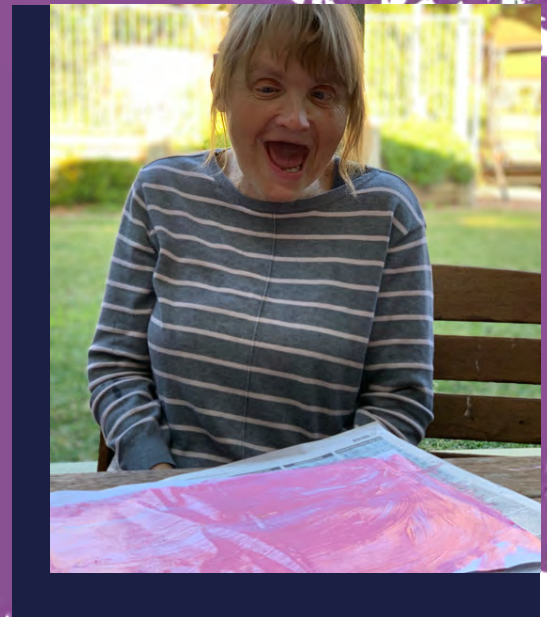


Meet Michelle

Michelle has been part of the Inala family for the past 41 years. She loves attending Dulkara and having lived in several different homes she is currently residing in Banksia supported by Steve and Non, who she adores.

She attends Dulkara five days a week and enjoys her time spent in the woodworking room where she is an expert in sanding wheels for making trucks and toys. She also enjoys pottery and creating canvas art.

She loves to knit, a skill taught to her by her late mother and watching her favourite movie 'The Sound of Music'. Her laugh is infectious and she always has time to sit and chat over a cuppa.



23 September - 19 October
Waverly Library Gallery

Monday-Friday, 9.30am-9pm

Saturday, 9.30am-3pm

Sunday, 1-5pm

Exhibition Opening

Thursday 29th September, 6-8pm

SYNTH SOCIAL

Inala Fair

A fun day out for the whole family!

Sunday 23 October 2022 | 9am - 3pm



Arts & Craft

Live Entertainment

Gourmet Food Stalls

Plants

Trash & Treasure

Books & Clothes

Pony Rides & Animal Farm

Jumping Castle

Plus more...!

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